

Weekly Lunch Menu

2026 June 22nd ~ June 26th

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Broccoli & potato soup※○	Kelp soup☆#	Borsch soup※○	Mushroom soup※○	Pack lunch
Asian	<ul style="list-style-type: none"> ·Braised beef ※△ ·Chinese dumpling ※△☆ ·Choy sum 	<ul style="list-style-type: none"> ·Fried chicken※△○☆ ·Fried rice ☆ ·Lettuce 	<ul style="list-style-type: none"> ·Sour & sweet pork ※△☆ ·Steamed corn rice△ ·Cabbage & Carrot 	<ul style="list-style-type: none"> ·Stir-fried chicken & eggplant ※△☆ ·Steamed rice ·Guangdong cabbage 	
Western	<ul style="list-style-type: none"> ·Grilled chicken breast (served with gravy sauce※○ or cream tomato sauce※○) ·Butter potatoes ○ ·Mixed seasonal vegetables 	<ul style="list-style-type: none"> ·Roast pork legs (served with gravy sauce※○ or BBQ sauce※△) ·Lyonnais potatoes ·Mixed seasonal vegetables 	<ul style="list-style-type: none"> ·Gratin fish fillet※○# ·Mashed potatoes※○ ·Mixed seasonal vegetables 	<ul style="list-style-type: none"> ·Spaghetti Bolognese※☆ 	
Vegetarian (Option)	<ul style="list-style-type: none"> ·Fried rice △ ·Pumpkin ○ 	<ul style="list-style-type: none"> ·Spring roll※△☆ ·Fried noodles with vegetables & eggs※△☆ 	<ul style="list-style-type: none"> ·Stir-fried mixed mushrooms & basil ·Jasmine rice 	<ul style="list-style-type: none"> ·Pita bread ※○☆ ·Grilled seasonal vegetables ○ 	
Salad Bar	4 kinds of fruits, 10 varieties of fresh vegetables, noodles, and bread				

Our Healthy Eating Key: ※ Gluten Content(面粉), △ Legumes Product 豆类, ○ Dairy Product 牛奶, # Shell Fish & Seafood (鱼&海鲜), ☆ Eggs Product 鸡蛋