

Weekly Lunch Menu

2026 Apr 14th ~ Apr 17th

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup		Potato & bacon soup※O	Beet soup※	Broccoli soup※O	Pumpkin soup※O
Asian		<ul style="list-style-type: none"> •Chicken satay ※△O •Nasi goreng (fried rice) ※ △☆# •Lettuce 	<ul style="list-style-type: none"> •Sweet & Sour pork chop ※△☆ •Steamed rice •Choy sum 	<ul style="list-style-type: none"> •Beef curry ※O •Steamed jasmine rice •Spinach 	<ul style="list-style-type: none"> •Braised Duck※△ •Steamed rice •Guangdong cabbage
Western		<ul style="list-style-type: none"> •Honey roast gammon(pork) (Served with gravy※O or BBQ sauce※△) •Lyonnaisse potatoes •Mixed seasonal vegetables 	<ul style="list-style-type: none"> •Tomato tuna pasta※ O#☆ •Mixed seasonal vegetables 	<ul style="list-style-type: none"> •Grilled chicken breast (Served with gravy ※O or cream tomato sauce O※) •Roast potatoes O •Mixed seasonal vegetables 	<ul style="list-style-type: none"> •Beef goulash ※O •Mashed potatoes ※O •Mixed seasonal vegetables
Vegetarian (Option)		<ul style="list-style-type: none"> •Vegetables & tofu curry※ △O •Steamed rice 	<ul style="list-style-type: none"> •Fried udo noodles ※△☆ •Okra 	<ul style="list-style-type: none"> •Sauteed mushrooms & potatoes O •Mixed seasonal vegetables 	<ul style="list-style-type: none"> •Ciabatta ※O☆ •Stewed chickpeas with red pepper △O
Salad Bar	4 kinds of fruits, 10 varieties of fresh vegetables, noodles, and bread				

Our Healthy Eating Key: ※ Gluten Content(面粉), △ Legumes Product 豆类, O Dairy Product 牛奶, # Shell Fish & Seafood (鱼&海鲜), ☆ Eggs Product 鸡蛋