

Weekly Lunch Menu

2026 Mar 30th ~ Apr 3rd

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Chickpeas soup※△O	Tomato soup※O	Potato soup※O	Pumpkin soup ※O	Broccoli soup※O
Asian	<ul style="list-style-type: none"> •Stewed beef ※△ •Steamed rice •Choy sum 	<ul style="list-style-type: none"> •Korean fried chicken※△ •Bibimbap※ △ •Cabbage 	<ul style="list-style-type: none"> •Baked pork chop ※△O☆ •Steamed rice •Lettuce 	<ul style="list-style-type: none"> •Braised chicken ※△ ☆ •Fried rice with eggs☆ •Baby cabbage 	<ul style="list-style-type: none"> •(Pork) Char siu※△ •Fried rice with ham & pineapple ※△ ☆ •Spinach
Western	<ul style="list-style-type: none"> •Grilled chicken breast (served with gravy※O or cream tomato sauce O※) •Roast potatoes O •Mixed seasonal vegetables 	<ul style="list-style-type: none"> •Roast pork loin (served with gravy※O or apple sauce※O) •Cajun potatoes ※ •Mixed seasonal vegetables 	<ul style="list-style-type: none"> •Salmon pasta※O#☆ •Mixed seasonal vegetables 	<ul style="list-style-type: none"> •Beef stewed※ O •Mashed potatoes※O •Mixed seasonal vegetables 	<ul style="list-style-type: none"> •BBQ chicken breast※△ •Potato wedges※ •Mixed seasonal vegetables
Vegetarian (Option)	<ul style="list-style-type: none"> •Garlic bread ※O☆ •Ratatouille 	<ul style="list-style-type: none"> •Vegetable shepherd pie ※ O☆ •Seasonal vegetables 	<ul style="list-style-type: none"> •Curry mixed vegetables※ △O •Steamed rice 	<ul style="list-style-type: none"> •Fried noodles ※△ ☆ •Seasonal vegetables 	<ul style="list-style-type: none"> •Tomato risotto※O •Grilled king oyster mushrooms O
Salad Bar	4 kinds of fruits, 10 varieties of fresh vegetables, noodles, and bread				

Our Healthy Eating Key: ※ Gluten Content(面粉), △ Legumes Product 豆类, O Dairy Product 牛奶, # Shell Fish & Seafood (鱼&海鲜), ☆ Eggs Product 鸡蛋