

Weekly Lunch Menu

2026 Feb 9th ~ Feb 13th

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Potato soup*O	Minestrone soup△	Pumpkin soup *O	Green pea soup* △O	<ul style="list-style-type: none"> •Corn chicken soup* △ ☆ • Sweet rice dumpling* △
Asian	<ul style="list-style-type: none"> •Stir-fried beef ※△ •Steamed rice •Choy sum 	<ul style="list-style-type: none"> •Chicken satay ※△O☆ •Fried rice※△☆ •Lettuce 	<ul style="list-style-type: none"> •Sweet & Sour pork※ △☆ •Steamed corn rice O •Cabbage & Carrot 	<ul style="list-style-type: none"> •Stir-fried chicken ※△☆ •Steamed jasmine rice •Spinach 	<ul style="list-style-type: none"> •Spring roll※△☆ •Roast duck※△ (served with spring pan cake) <ul style="list-style-type: none"> •Chinese dumpling※△☆ •Guangdong cabbage
Western	<ul style="list-style-type: none"> •Grilled chicken breast (served with gravy sauce※O or tomato sauce) •Butter potatoes O •Mixed seasonal vegetables 	<ul style="list-style-type: none"> •Roast pork loin (Served with mushroom sauce※O or pineapple sauce) •Lyonnais potatoes •Mixed seasonal vegetables 	<ul style="list-style-type: none"> •Beef lasagna※O☆ •Mixed seasonal vegetables 	<ul style="list-style-type: none"> •Honey glazed gammon (served with gravy sauce※O or BBQ sauce※△) •Baby potatoes O •Mixed seasonal vegetables 	<ul style="list-style-type: none"> •Cheeseburger ※O☆ •French fries※ •Mixed seasonal vegetables
Vegetarian (Option)	<ul style="list-style-type: none"> •Vegetable & tofu curry* △ •Jasmine rice 	<ul style="list-style-type: none"> •Vegetables quesadilla ※O •Mixed seasonal vegetables 	<ul style="list-style-type: none"> •Baguette bread*O☆ •Chickpeas stewed with red peppers△ 	<ul style="list-style-type: none"> •Fried noodles* △ ☆ •Mixed seasonal vegetables 	<ul style="list-style-type: none"> •Focaccia bread ※O☆ •Stew mixed vegetables (Ratatouille)
Salad Bar	4 kinds of fruits, 10 varieties of fresh vegetables, noodles, and bread				

Our Healthy Eating Key: ※ Gluten Content(面粉), △ Legumes Product 豆类, O Dairy Product 牛奶, # Shell Fish & Seafood (鱼&海鲜), ☆ Eggs Product 鸡蛋