

BRITANNICA INTERNATIONAL SCHOOL, SHANGHAI

RELATIONSHIPS AND SEX EDUCATION POLICY

UPDATED AUGUST 2024

Approved by: Paul Farrell **Date:** 30th August 2024

Last reviewed on: August 2023

Next review due by: August 2025

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Aims & Purpose

At Britannica International School, Shanghai, we are committed to providing a safe and supportive learning environment that empowers students to develop healthy relationships and make informed decisions regarding their sexual health. Our vision is to create well-rounded individuals who respect diversity, practice consent, and navigate the complexities of relationships with integrity.

School's Vision for safe and effective RSE

In line with our commitment to excellence, our vision for safe and effective Relationships and Sex Education (RSE) is rooted in the following principles:

- Safety First: We prioritize the safety and well-being of our students. Our RSE programme is
 designed to create an environment where students feel secure to explore and discuss topics
 related to relationships and (within appropriate curriculum setting and respecting the mores of
 Chinese society) sex and reproduction education.
- 2. **Inclusivity:** We value and celebrate diversity. Our RSE curriculum is inclusive, recognizing and respecting various perspectives, identities, and backgrounds. We strive to ensure that all students see themselves represented and respected in our educational approach.
- Empowerment Through Knowledge: Our RSE programme aims to empower students with ageappropriate knowledge. We believe that informed decision-making is crucial for students to navigate the complexities of relationships and sexual health successfully.
- 4. **Communication and Consent:** We emphasize the importance of effective communication and consent in all interpersonal relationships. Our vision is to equip students with the skills to communicate openly, establish boundaries, and seek and provide consent respectfully.
- 5. **Cultural Sensitivity:** Recognizing the cultural diversity within our school community, our RSE programme is designed to be culturally sensitive. We strive to provide information that is relevant and respectful of cultural values and norms and in keeping with Chinese regulations.

Objectives of RSE

- 1. To equip students with age-appropriate knowledge and understanding of relationships and sexual reproduction.
- 2. To promote values of respect, inclusivity, and consent in all interpersonal relationships.
- 3. To empower students to make informed and responsible decisions regarding their health and well-being.
- 4. To create a positive and supportive culture where students feel comfortable discussing RSE topics with the appropriately trained persons.

Roles & Responsibilities

1. Principal

- The Principal is responsible for advising on, endorsing and supporting the implementation of the RSE policy.
- The Principal provides leadership to ensure that RSE aligns with the overall vision and values of the school and the cultural expectations of China
- The Principal oversees the integration of RSE into the broader curriculum.

2. PSHE Education Lead:

- The PSHE Education Lead takes a central role in coordinating and leading the RSE programme.
- They ensure that RSE content aligns with the school's vision and objectives.
- The PSHE Education Lead and Head of Primary supports teachers in implementing effective RSE delivery.

3. Teachers:

- Teachers are responsible for delivering RSE content <u>strictly according to</u> the curriculum and policy guidelines.
- They create a safe and inclusive learning environment for students to explore RSE topics.
- Teachers play a vital role in facilitating open discussions and addressing student queries related to RSE. NB Culturally unacceptable topics will not be discussed.

4. Counsellors and Nurses:

- School counsellors and nurses will assist with advising and contributing to the content of RSE provision to ensure appropriate and up to date information is contained in the lessons.
- School counsellors and nurses may be asked to deliver, and /or augment provision in certain aspects of the RSE programme as appropriate to lend their expertise.

5. Parents

- Parents are encouraged to engage with the RSE programme and understand its objectives.
- They are responsible for reinforcing RSE values at home and supporting students in their understanding of relationships.

Professional Development

- Staff will receive ongoing professional development opportunities to enhance their knowledge and skills in RSE delivery.
- Workshops, training sessions, and resources will be provided to keep staff informed about best practices and emerging trends in RSE education.
- Continuous learning opportunities will be offered to ensure that staff remains confident and capable in delivering effective RSE content.

Child Protection, Safeguarding & Confidentiality Protocols

- Child protection, safeguarding, and confidentiality protocols are integral to supporting safe and effective RSE practice.
- These protocols ensure that sensitive information is handled with utmost care, respecting the privacy and well-being of all students.

Informing Visitors & External Agencies

- Visitors and external agencies will be informed of safeguarding protocols through orientation sessions and provided with written documentation outlining our school's commitment to safeguarding.
- External agencies will be encouraged to align their practices with our school's whole-school approach to RSE, emphasizing respect for our values and the well-being of our students.

This policy will act as a management tool to inform decision-making processes related to RSE at Britannica International School, Shanghai, ensuring a consistent and effective approach to this vital aspect of education.



BRITANNICA INTERNATIONAL SCHOOL, SHANGHAI

人际关系与性教育政策

更新于 2024 年 8 月

批准人: Paul Farrell **日期:** 2024 年 8 月 30 日

上次审查时间: 2023 年 8 月

下次审查时间: 2025年8月

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目标与宗旨

在上海不列颠英国外籍人员子女学校,我们致力于提供一个安全和支持性的学习环境,使学生能够发展健康的人际关系,并对自己的性健康做出明智的决定。我们的愿景是培养全面发展的人才,他们尊重多样性,践行认同和诚信的态度处理复杂的人际关系。

学校对安全有效的人际关系与性教育的愿景

我们对安全有效的人际关系和性教育的愿景与我们追求卓越的承诺相一致,它根植于以下原则:

- 1.**安全第一**: 我们优先考虑学生的安全和福利。我们的人际关系和性教育课程旨在为学生创造一个安全的环境,让他们能够探索和讨论与人际关系和(在适当的课程设置和尊重中国社会习俗的前提下)性教育和生殖教育有关的话题。
- 2.**包容性**: 我们重视并赞美多样性。我们的人际关系和性教育课程具有包容性,承认并尊重各种观点、身份和背景。我们努力确保所有学生都能在我们的教育方法中看到自己的存在并受到尊重。
- 3.**通过知识增强能力:** 我们的人际关系和性教育课程旨在让学生掌握与年龄相符合的知识。我们相信,知情决策对于学生成功驾驭复杂的人际关系和性健康至关重要。
- 4.**沟通与同意**: 我们强调在所有人际关系中有效沟通和认同的重要性。我们的愿景是让学生掌握坦诚沟通、建立界限、以尊重的态度寻求和提供认同的技能。
- 5.**文化敏感性:**认识到学校社区的文化多样性,我们的人际关系与性教育课程设计具有文化敏感性。我们努力提供与文化价值观和规范相关的、尊重文化价值观和规范的、符合中国法规的信息。

人际关系与性教育的目标

- 1. 让学生掌握与年龄相符合的知识,了解人际关系和生殖知识。
- 2. 在所有人际关系中倡导尊重、包容和认同的价值观。
- 3. 增强学生的能力, 使他们能够对自己的健康和幸福做出明智和负责任的决定。

4.营造积极和支持性的文化氛围,让学生在与受过适当培训的人员讨论人际关系与性教育话题 时感到轻松自如。

角色和职责

1. 校长

- 校长负责为人际关系与性教育政策的实施提供建议、背书和支持。
- 校长发挥领导作用,确保人际关系与性教育与学校的整体愿景和价值观以及中国的 文化期望相一致。
- 校长监督将人际关系与性教育纳入更广泛的学历教育中。

2. 个人、社会、健康及经济教育 (PSHE) 负责人

- 在协调和领导人际关系与性教育课程方面发挥核心作用。
- 确保人际关系与性教育内容与学校的愿景和目标相一致。
- PSHE 教育负责人和小学部主任支持教师讲授有效的人际关系与性教育课程。

3. 教师

- 负责严格按照设置的课程和政策指导传授人际关系与性教育内容。
- 为学生创造安全、包容的学习环境,让学生探索人际关系与性教育主题。
- 教师在促进公开讨论和解答学生对人际关系与性教育的疑问方面发挥着重要作用。注意:不讨论文化上不可接受的话题。

4. 辅导员和护士

- 学校辅导员和护士将协助为人际关系与性教育课程内容提供建议和帮助,以确保课程恰当和包含最新信息。
- 学校可能会要求辅导员和护士在人际关系与性教育课程的某些方面提供适当的专业 知识,并/或增加相关内容。

5. 家长

- 鼓励家长参与人际关系与性教育计划并了解其目标。
- 有责任在家中强化人际关系与性教育的价值观,并帮助学生理解人际关系。

职业发展

- 教职员工将不断获得专业发展机会,以提升他们在教授人际关系与性教育课程方面的知识和技能。
- 学校举办讲习班、培训课程,并提供资源让教职员工了解人际关系与性教育课程的最佳实践方法和最新趋势。
- 学校还讲提供持续学习的机会,确保教职工在提供有效的人际关系与性教育内容方面保持 能力与信心。

儿童保护、安全保障和保密协议

- 儿童保护、安全保障和保密协议是支持安全有效的人际关系与性教育实践不可或缺的一部分。
- 学校确保这些协议以最谨慎的方式处理敏感信息,尊重所有学生的隐私和福利。

告知来访者和校外机构

- 来访者和校外机构将通过介绍了解保障协议,并获得本校承诺提供保障的书面文件。
- 我们鼓励校外机构采用与本校一致的全校性人际关系与性教育方法,强调尊重本校的价值 观和学生的福利。

本政策将作为一种为上海不列颠英国外籍人员子女学校关于人际关系与性教育课程的决策过程提供指导的管理工具,确保其以一致、有效的方法传授这一重要的课程。