



WEEKLY LUNCH MENU

2026 SEPTEMBER 21-24

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Set menu	Daily Soup	Roast tomato soup※○	Sweet potato&Carrot soup ※○	Minestrone soup△	Pumpkin & mushroom soup※ ○	Holiday
	Western	Roast chicken breast (served with chicken jus or cream mushroom sauce)※ ○ Lyonnaise potatoes Mixed seasonal vegetables	Grilled pork chops (served with gravy※ ○ or BBQ sauce) ○△ Mashed potatoes※ ○ Mixed seasonal vegetable	Spaghetti with tomato meat balls ※ ○☆ Mixed seasonal vegetables	French style basque stewed chicken ※ ○ Roast potatoes ○ Mixed seasonal vegetables	
	Asian	Stir-fried beef fillet with onion※ △☆ Steamed rice Guangdong cabbage	Chicken satay※△ ☆ Nasi goreng ※ # △ ☆ Lettuce	Soy braised duck ※△ ○ Fried rice with eggs ☆ Choy sum	Sweet & sour pork loin & pineapple※△ ☆ Steamed rice Water spinach	
Noodle (Option)		Braised minced pork noodles ※△☆	Tomato beef noodles※△☆	Tonkotsu ramen ※△☆	Japanese style scallion oil chicken noodles ※△☆	
Vegetarian (Option)		Mediterranean couscous ※△ Mixed seasonal vegetables	Gnocchi in creamy tomato sauce ※○△ Mixed seasonal vegetables	Chick peas curry ※△ ○ Grilled mushroom & potatoes ○	Vegetables quiche ※ ○☆△ Mixed seasonal vegetables	
Salad Bar	4 kinds of fruits, 10 varieties of fresh vegetables, noodles, and bread					