



WEEKLY LUNCH MENU

2026 OCTOBER 12-16

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Set menu	Daily Soup	Mushroom soup※O	Minestrone soup ※△	Broccoli & chickpea soup※O△	Chicken & corn soup ※O	Pumpkin soup ※O
	Western	Grilled chicken breast (served with gravy ※O or BBQ sauce ※△) Baked potatoes O Mixed seasonal vegetables	Roast pork (served with gravy ※O or honey mustard sauce※O) Roasted potatoes O Mixed seasonal vegetables	Fish & chips ※ # O☆ Mixed seasonal vegetables	Shepherd's pie ※O Mixed seasonal vegetables	※O☆ Cheese burger French fries ※ Mixed seasonal vegetables
	Asian	Japanese braised pork belly※△ Steamed rice Choy sum	Crispy chicken ※△ Fried rice with eggs☆ Cabbage	Stir-fried shredded pork & leek※△☆ Steamed rice Indian lettuce	Turmeric chicken※O△☆ Fried rice noodles※△☆ Lettuce	Roast duck ※△ Steamed riceGuangdong cabbage
Noodle (Option)		Tomato & beef noodles※△☆	Satay beef noodles ※△☆	Japanese soymilk dandan noodles ※O△☆	Braised pork ribs noodles ※△☆	Fish ball & beef ball noodles ※ # O△☆
Vegetarian (Option)		Roast tomato & basil pasta ※O☆ Seasonal vegetables	Curry pumpkin & chickpeas※O△ Scallion pancakes ※O☆	Vegetables dumpling ※△☆ Seasonal vegetables	Vegetables & cheese warps served with tomato salsa ※O△	Vegan clay pot rice ※△ Seasonal vegetables
Salad Bar	4 kinds of fruits, 10 varieties of fresh vegetables, noodles, and bread					

Our Healthy Eating Key: ※ Gluten Content(面粉), △ Legumes Product 豆类, O Dairy Product 牛奶, # Shell Fish & Seafood (鱼&海鲜), ☆ Eggs Product 鸡蛋